



OLD REPUBLIC COMPANIES

Let the Doctor  
**COME TO YOU**

**dr.** on demand



For more information:  
[doctorondemand.com/bluecrossmn](http://doctorondemand.com/bluecrossmn)  
**800.997.6196**

**Questions:** Contact your Human Resources Department.

### How to get started:

Download the Doctor On Demand app. Follow the prompts to register using your Blue Cross and Blue Shield of Minnesota insurance information.



03/12/2020. Brought to you by Blue Cross and Blue Shield of Minnesota, Old Republic's medical benefits plan administrator. Doctor On Demand physicians do not prescribe Scheduled I-IV DEA Controlled Substances, and may elect not to treat or prescribe other medications based on what is clinically appropriate. Doctor On Demand is an independent company providing telehealth services and is not available in every state. Check [DoctorOnDemand.com/bluecrossmn](http://DoctorOnDemand.com/bluecrossmn) to ensure you are located in a state that is eligible to participate. Doctor On Demand is not intended to replace an annual, in-person visit with a primary care physician. Blue Cross® and Blue Shield® of Minnesota and Blue Plus® are nonprofit independent licensees of the Blue Cross and Blue Shield Association.

### What is Doctor On Demand?

Doctor On Demand lets you see a doctor right away, all from your mobile device or computer. No waiting room, no hassle. Within minutes you'll be connected via video chat with a board-certified physician who can diagnose, treat and prescribe medication. Think of it like having your own personal doctor on call.

### What can Doctor On Demand treat?

Doctor On Demand physicians treat hundreds of conditions — including many of the top issues seen in urgent care clinics and the emergency room. They also provide mental health counseling. Each one of their board-certified doctors and psychologists was trained in, and is based in, the United States.

**Medical Issues:** Cough, cold, flu, rash, pink eye, sports injury, bug bite, urinary tract infection, vomiting, travel-related issues and sore throat.

**Top Mental Health Issues:** Depression, anxiety, stress, relationship issues and smoking-cessation.

### How does it work?

The Doctor On Demand app works with any smartphone, tablet or computer with a front-facing camera. You can download the app from the App Store, Google Play, or access care via the Doctor On Demand website.

Registration is simple and takes just minutes, using your Blue Cross insurance information. When you need a doctor, you'll be connected immediately to a U.S.-based provider for a face-to-face video visit. Any prescriptions are sent to the pharmacy of your choice.

### How much does it cost?

Using Doctor On Demand costs much less than going to an urgent care clinic or the emergency room. Visits start at \$10.

#### Preferred Provider Organization (PPO) Plan

All services are \$10/visit

#### High Deductible Health Plan (HDHP)

Description	Current Price
Medical (15 minutes)	\$52.80
Psychology (25 minutes)	\$66.00
Psychology (50 minutes)	\$126.50
Psychiatry Initial Visit (45 minutes)	\$266.20
Psychiatry Follow-Up (15 minutes)	\$114.40